

NAV JEEWAN MODEL SCHOOL

SUMMER VACATION

“Enjoying every second under the
blue sky and bright sun”



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Vishnu Garden

Dear Parent,

Children are born with natural curiosity and inquisitiveness about the world around them. It is important for us to help them keep this spark alive and to make learning fun.

Summer Vacation is just round the corner, let every moment of this vacation be a time to unite, connect and enjoy beautiful moments with your child.

Here are some activities given to help your child become independent and confident:-

Independent Me

- Buttoning and Unbuttoning
- Put on your Socks and Shoes
- Keeping belongings back in their place
- Filling the water bottles
- Keeping room clean and well-organized
- Tear a Chapati and eat your Meal on your own

Alone we can do so little; together we can do so much. (Social Skills)

- Wish your elders with a smile
- Go outdoors and play with your friends
- Use magical words: Sorry, Please, Excuse Me, Thank You

One, who maintains cleanliness, keeps away diseases. (Personal Hygiene)

- Brushing teeth twice a day.
- Combing hair regularly
- Bathing everyday
- Washing hands before and after meals.

Reading is Fun

Children are made readers on the laps of their parents.

- Make reading a regular practice with pictures and large text.
- Make bed-time stories a part of your child's daily routine.






ALL ABOUT ME

- What is your name?
- How old are you?
- In which class do you read?
 - What is the name of your school?
 - What is the name of your teacher?
 - What is your father and mother name?
- May I come in ma'am?
- May I Drink water?
- May I go to the toilet?
- I m feeling hungry.
- Please give me a glass of water.
- Please trim my nails.
- Please tell me a story.
- I m feeling sleepy.

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Suggested T.V Channels

-  Baby T.V.
-  Discovery kids
-  Disney Junior



Suggested Movies

-  The Jungle Book
-  Good Dinosaur



Get Close to Nature

Take your child for regular morning walk to breathe in fresh air. Make him aware of the benefits of morning walk and tell him/her about different types of plants, flowers and birds so he/she can generate love for nature.

Let's converse in English

How are you? I am fine, Thank you.

I am thirsty, Please give me water.

I am hungry, Please give me food/fruit.

I have finished my work/food.

Please open/close my bottle/tiffin/bag.

Please switch on/off the light/fan.

How are you ?

I am fine, Thank you



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FATHER'S DAY ACTIVITY

❖ Paste the picture of your Father





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International yoga day (21 June)

"Yoga is the journey of the self, through the self, to the self."

ACTIVITY Let's Do Yoga

Mountain Pose

Stand straight and Spread the legs and toes few inches apart. Keep the arms alongside the body.

The shoulders must be relaxed and not stiff. Raise the arms above your head.

Hold the posture and breathe slowly. Retain as long as comfortable.



Volcano Pose

Stand tall with your feet slightly apart. Bring your hands to prayer position. Inhale and push your hands to the sky.

Exhale and move your hands to the side and then back to the centre.



Cat Pose -

Get down on hands and knees. Reach spine towards ceiling as high possible so that the back is arched like a cat. Make meow - meow noises.



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KIDS YOGA

ROUNDUP OF THE BEST VIDEOS



●. share some pictures and videos with your respective Teacher

ENGLISH

PHONETICS

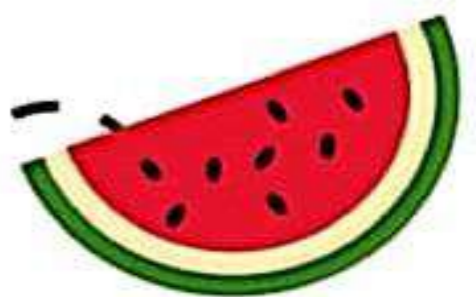
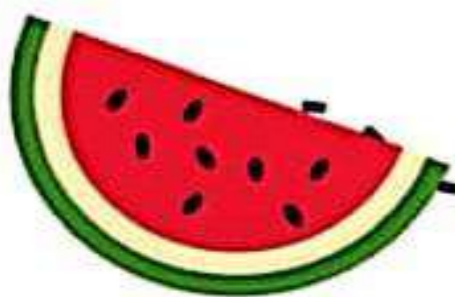
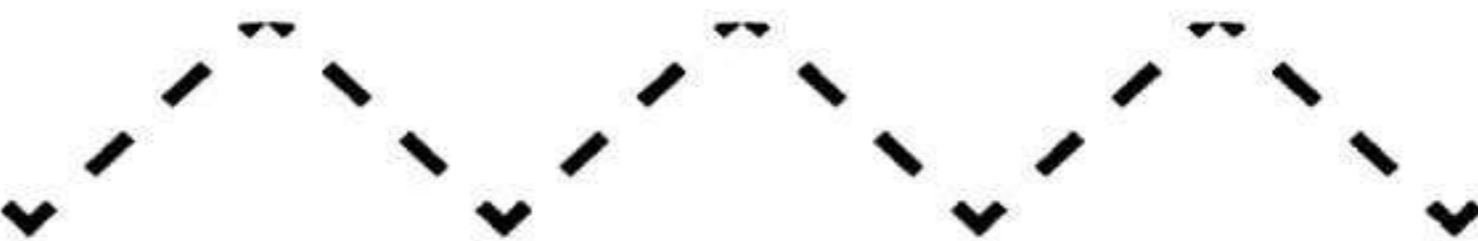
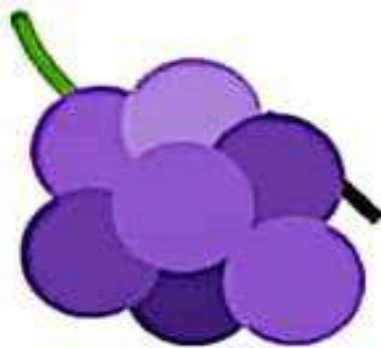
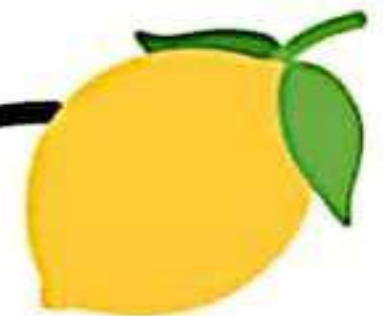
A says ऐ as in apple, axe, arrow
B says ब as in ball, bag, balloon
C says क as in cat, candle, car
D says ड as in dog, drum, doctor
E says ए as in elephant, elbow, engine
F says फ as in frog, fish, fan
G says ग as in grapes, gate, god
H says ह as in horse, house, hot
I says आइ as in ice-cream, iron, island
J says ज as in joker, jar, jelly
K says क as in kite, kettle, kangaroo
L says ल as in lion, leaf, lock
M says म as in mango, mat, mother



Name: _____

CONNECT THE FRUITS

Trace the line to connect the fruits.



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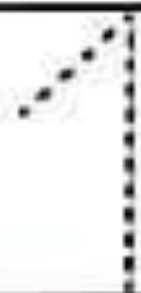
COUNT AND TRACE



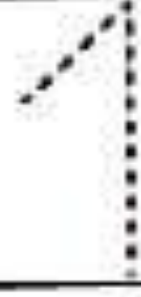
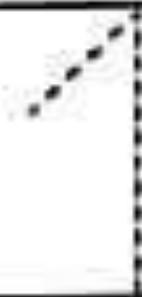
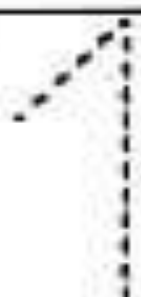
ONE



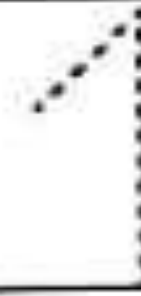
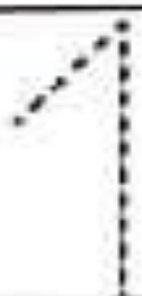
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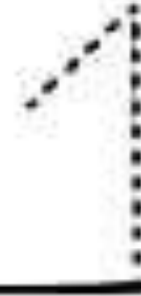
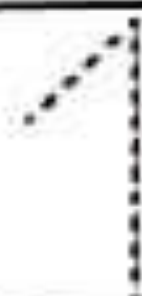
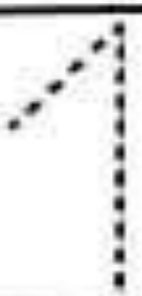
1



1



1



Name _____

Date _____

Color the Number

Find the Number 1 and color it



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Trace the Number "7"

Name

7

Seven



Tracing practice lines for the number 7. Each row contains five dashed number 7s for tracing. There are four rows of tracing practice.



Name _____

Date _____

Color the Number

Find the Number 7 and color it

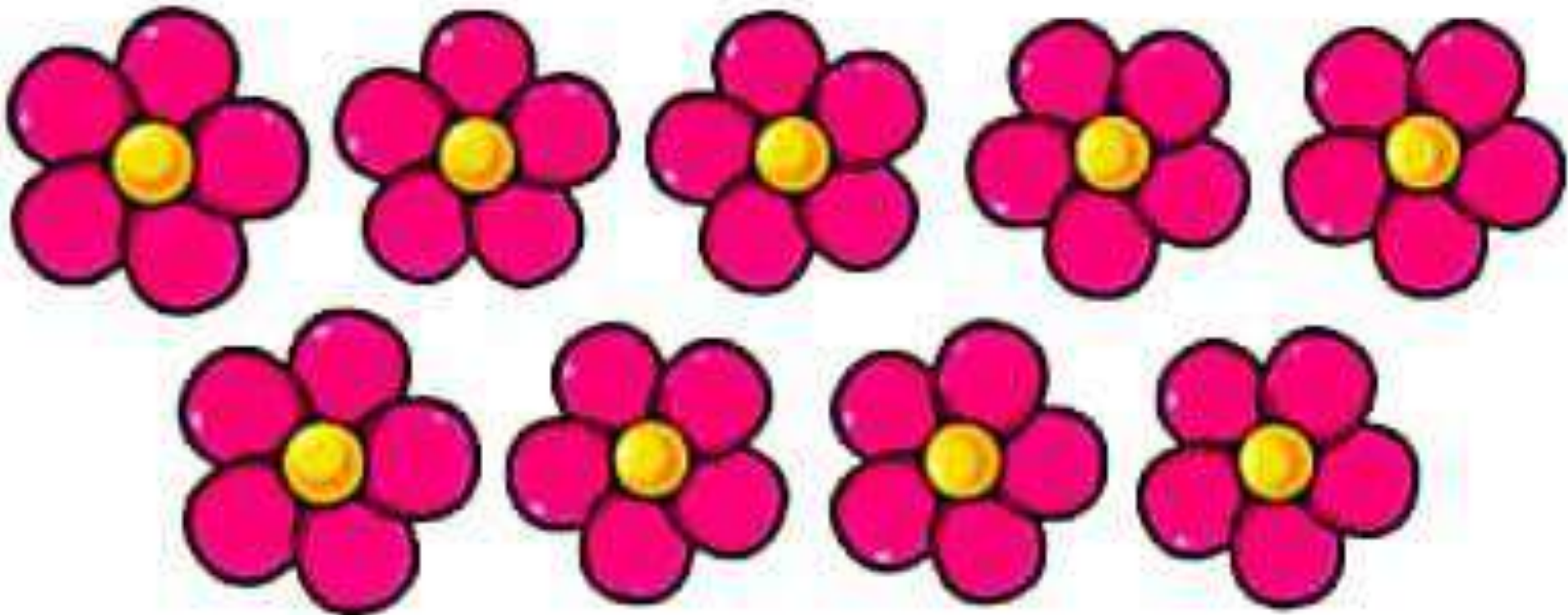


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Trace the Number "9" Name

9
Nine



Tracing practice lines for the number 9. Each row contains five dotted 9s for tracing. There are four rows of five 9s each, and a final row with four 9s.



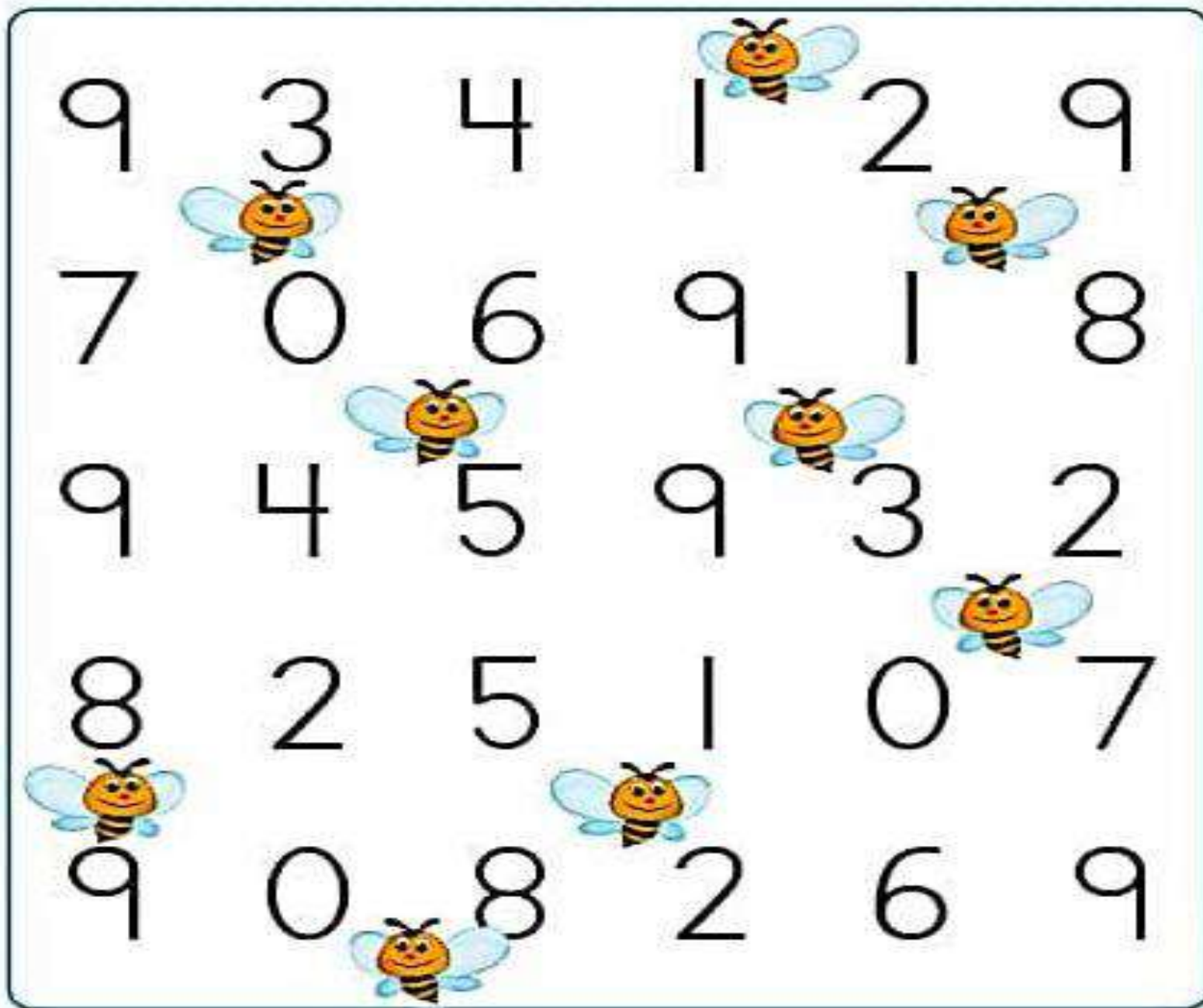
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Name: _____

Number Hunt: 9

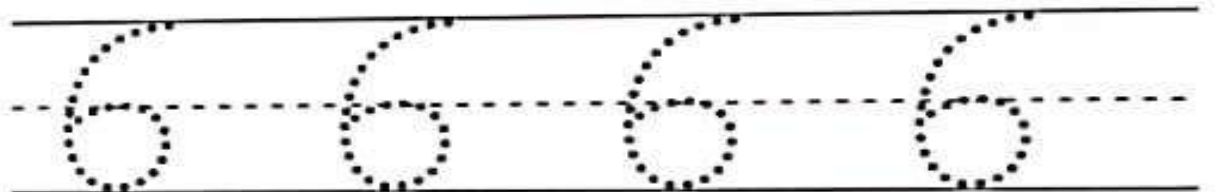
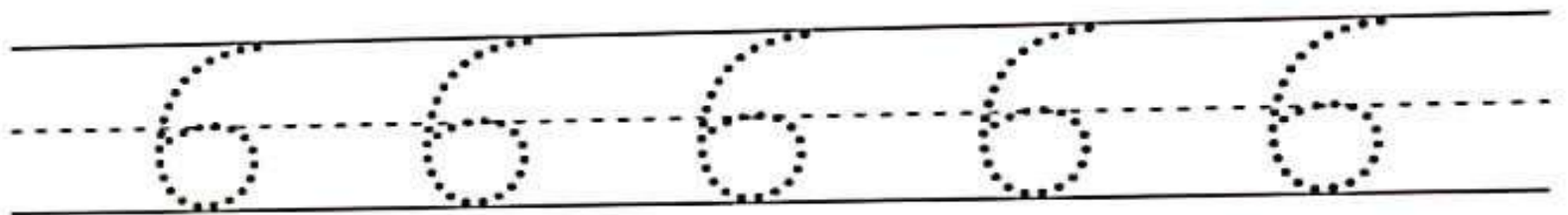
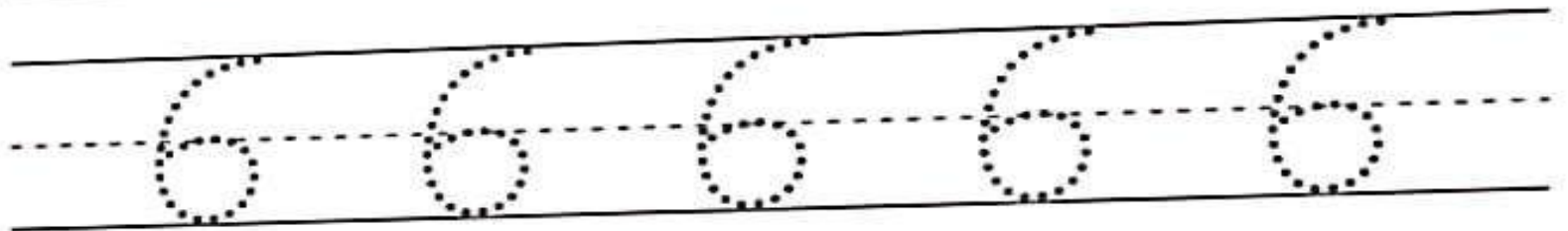
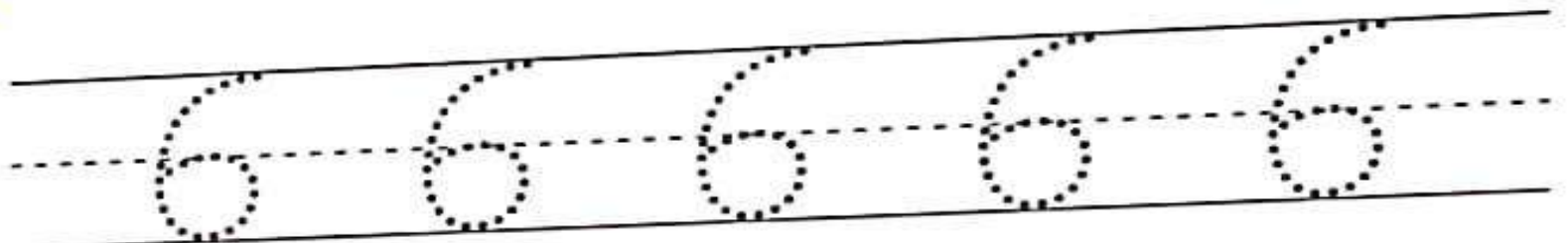
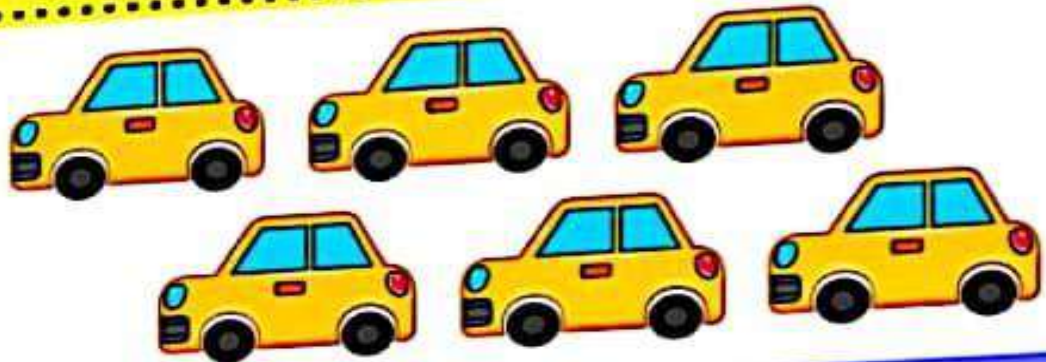
Find and circle the number nine.



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Name



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Name: _____

Number Hunt: 6

Find and circle the number six.

6	2	7	6	1	5
4	6	8	3	0	6
6	9	3	6	7	2
2	6	5	4	1	2
8	9	6	5	6	8

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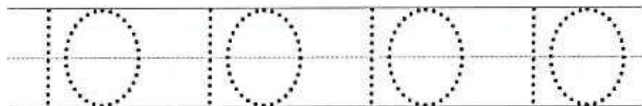
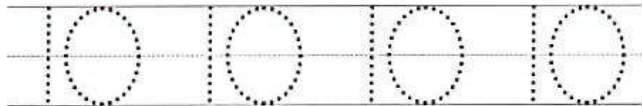
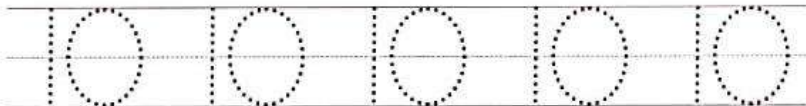
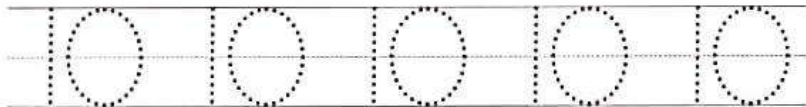
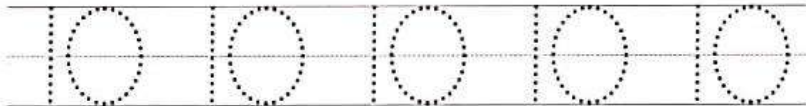
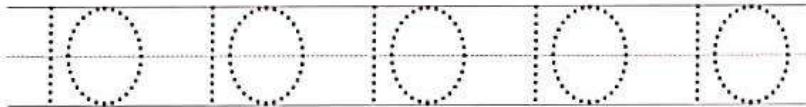
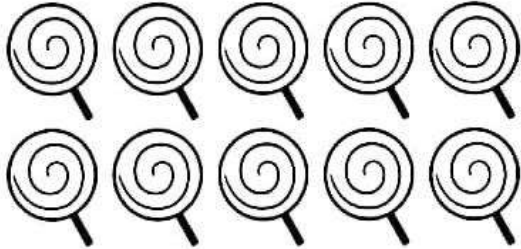
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Trace the Number "10"

Name

10

Ten



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Circle all the 10s in the number scramble below

10

11 10 12 16 15

10 13 14 18 10

17 19 11 10 14

10 12 10 13 10

16 14 18 10 17

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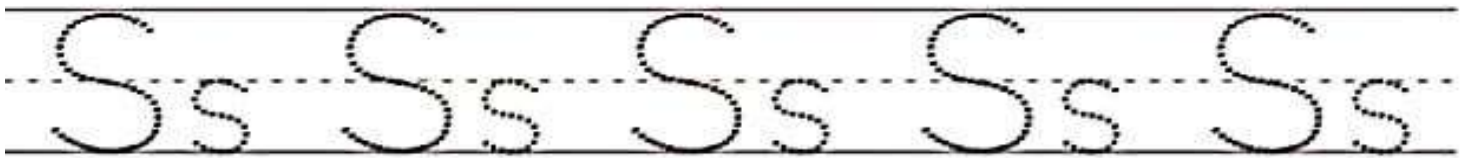
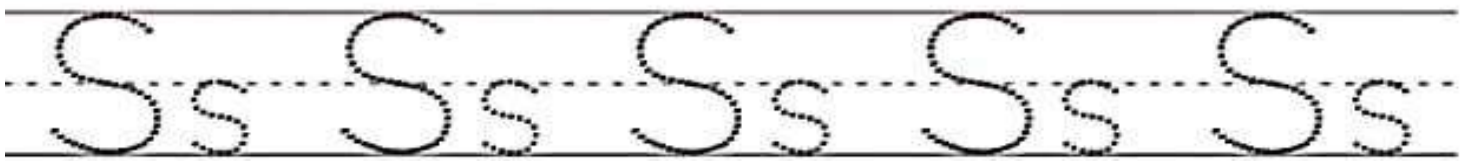
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Sun



starfish



RUBY



My name is

Grade.....

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Letter S Worksheet

Find and color the letter



How many did you find?

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Aa



Aa Aa Aa Aa

Aa Aa Aa Aa

Aa Aa Aa Aa

Aa Aa Aa Aa

Aa Aa Aa Aa

Aa Aa Aa Aa



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Name _____

Date _____

Find and Circle: Aa

Find and circle all of the uppercase A and lowercase a letters.



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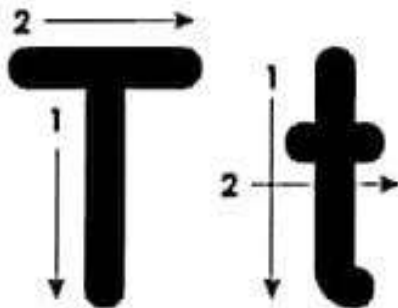


Letter Tracing



Name : _____

Date : _____



T is for **T**iger

Trace the uppercase and lowercase letters

Tracing practice lines for the letter T. The first row contains seven uppercase 'T's for tracing. The second row contains seven dashed uppercase 'T's for tracing. The third row contains seven lowercase 't's for tracing. The fourth row contains seven dashed lowercase 't's for tracing.

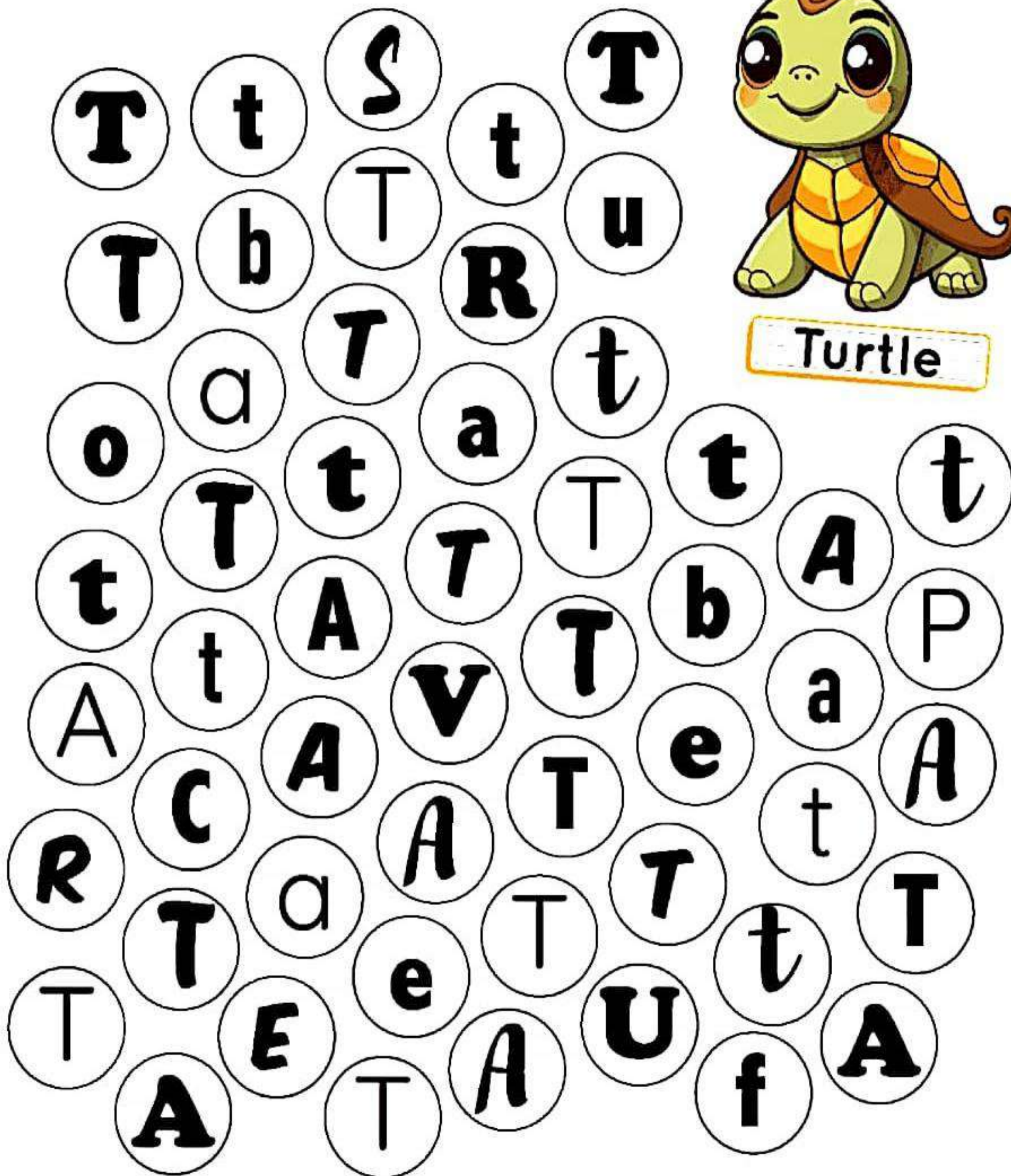
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➡ Look carefully at all the letters in the circles. Find and color in all the uppercase and lowercase letter "T"s



Turtle



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TRACE THE LETTER AND COLOR THE PICTURES

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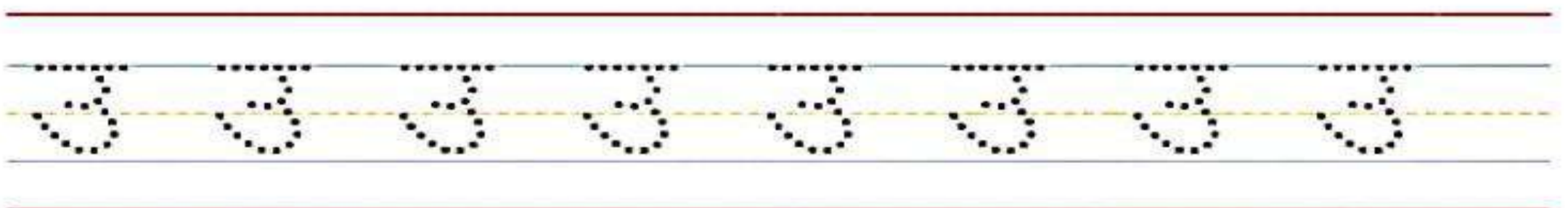
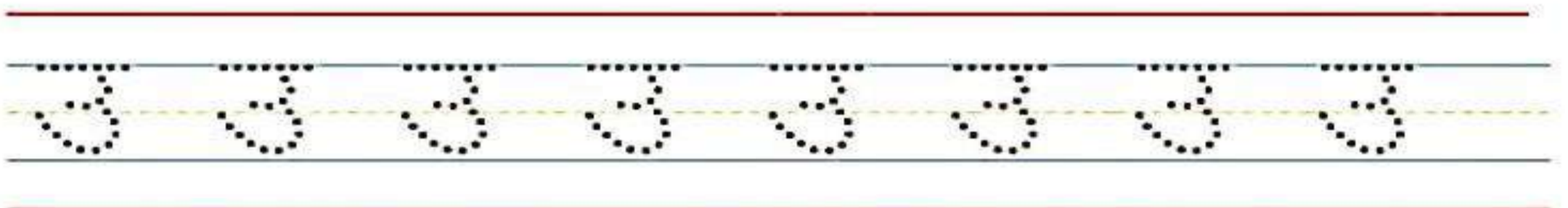
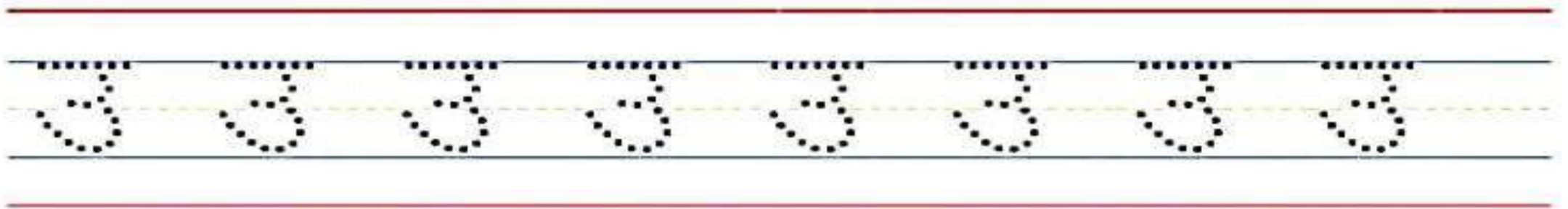
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उपहार



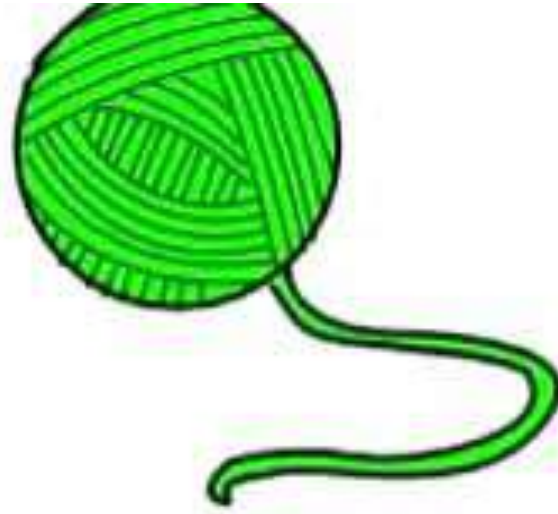
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हिन्दी वर्णमाला



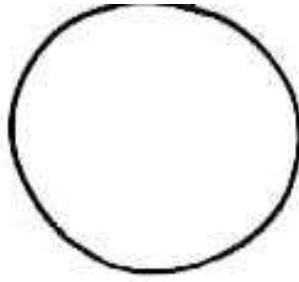
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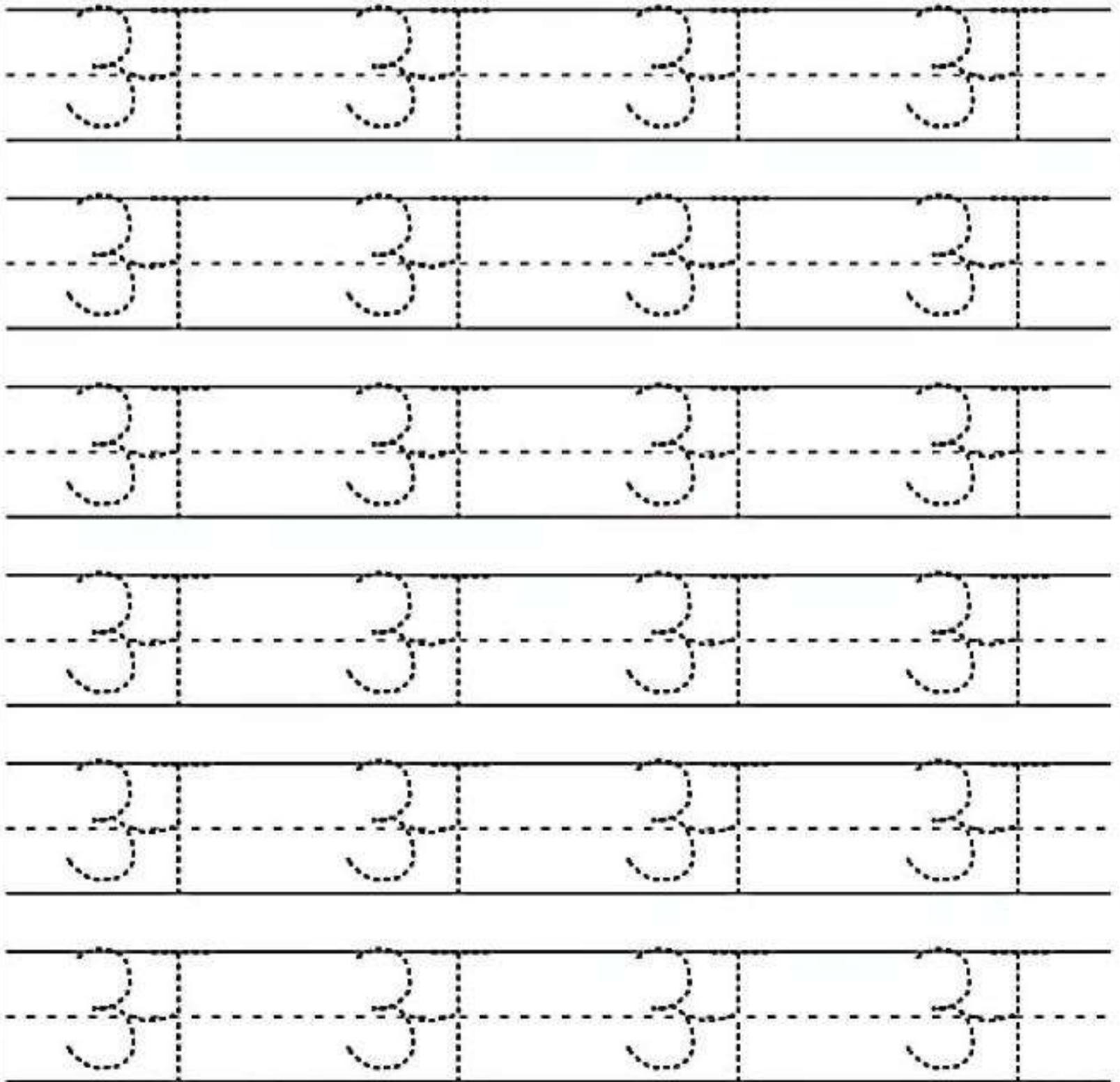
Handwriting practice lines for the Hindi letter 'ऊ' (U). The page contains six rows of four dashed 'ऊ' characters each, designed for tracing on lined paper.

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अनार



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TRACE THE LETTER AND COLOR THE PICTURES

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आम



आग

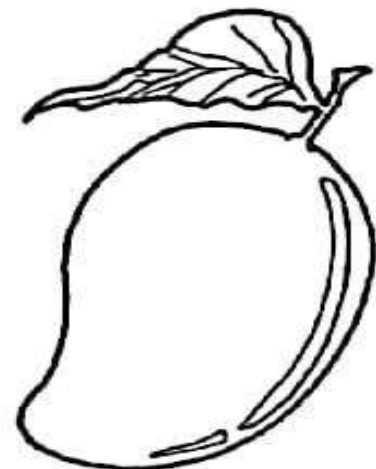
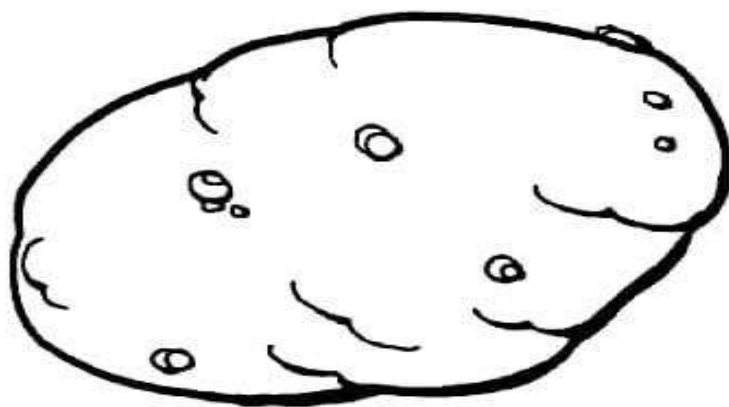


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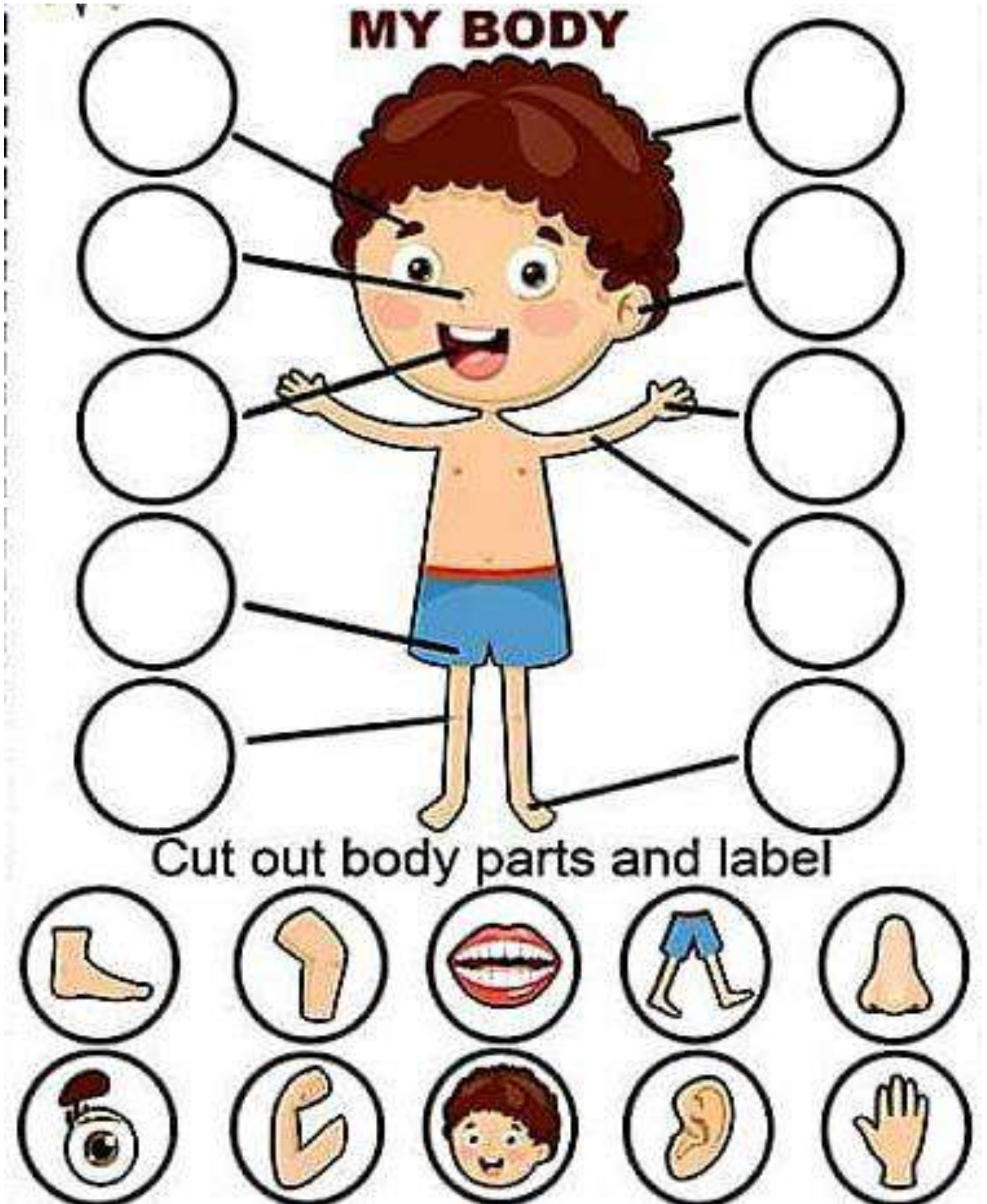
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ALL ABOUT ME



My Name is:



This is a Picture of Me



I am _____ years old



My Birthday is:



My Favorite Color is:

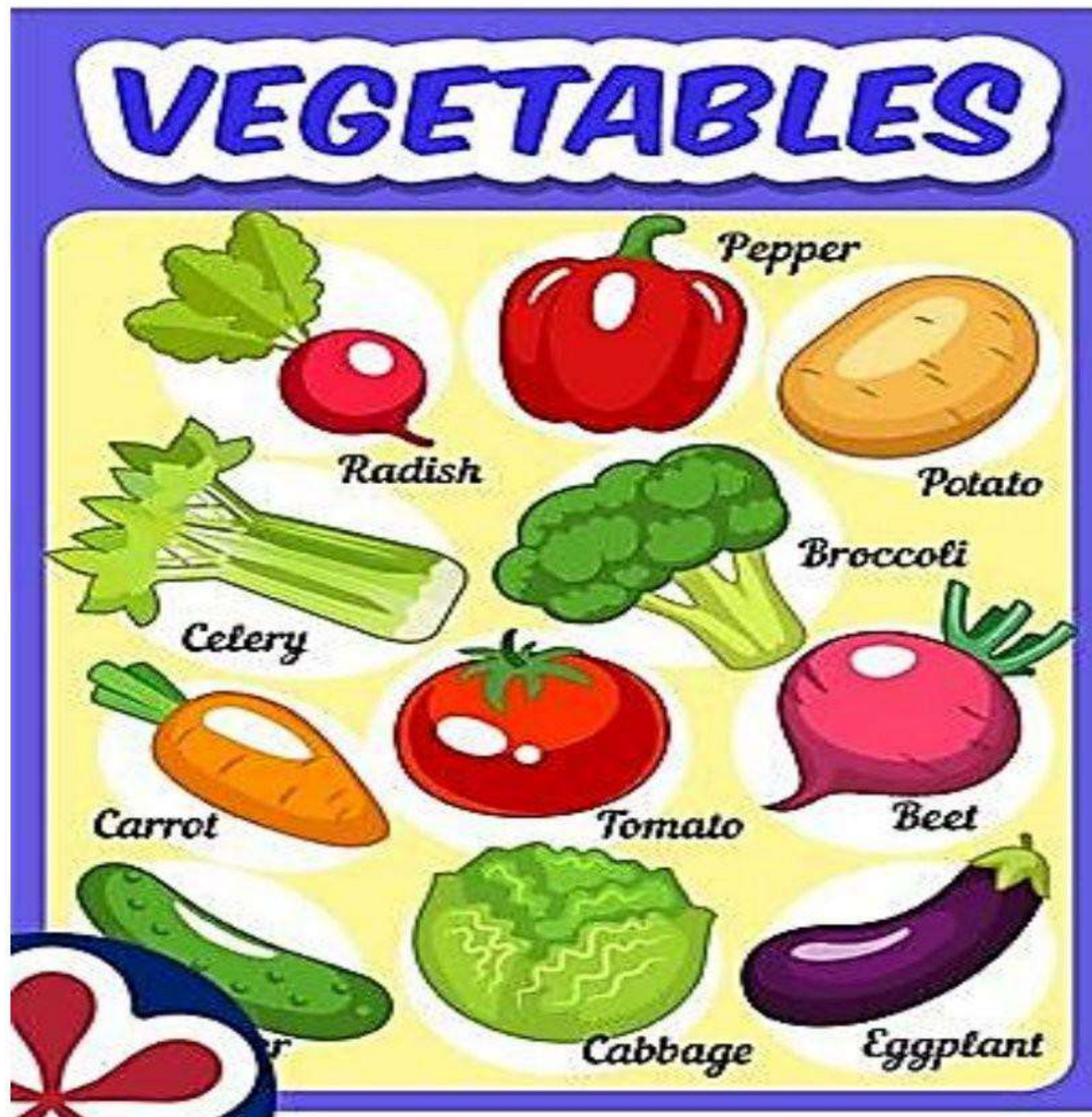


I love to eat:



My Favorite Activities:





Colors



red



orange



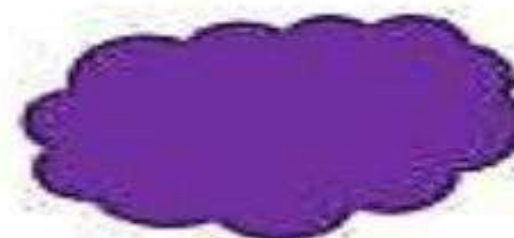
yellow



green



blue



purple



pink



brown



violet

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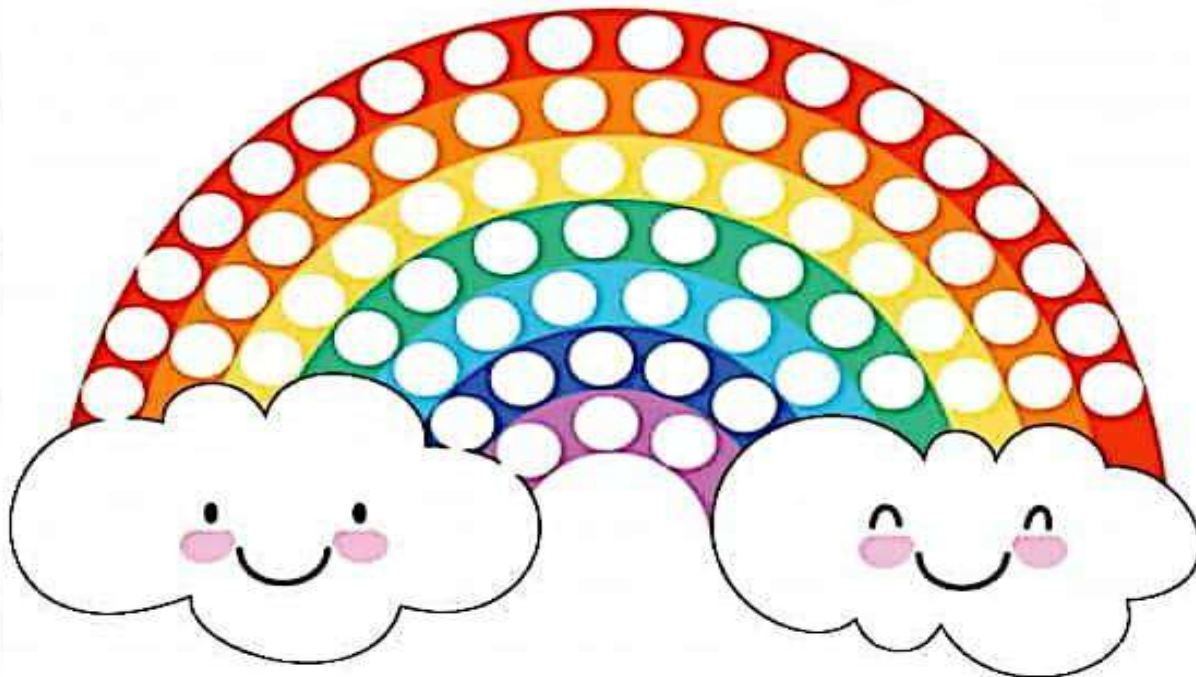
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HOMEMADEHEATHER.COM

Name: _____

Direction: Do a dot art rainbow using dot markers.

Rainbow Do-a-Dot



Fine Motor Skills Activities:

1. **Rubber Bands & Stick:** Take a stick (preferably ice cream stick); Now focus and try to put as many number of rubber bands possible on the stick.
2. **Making a pencil stand:** Use all the best possible resources, taking help from your elders, try to make a creative pencil stand for yourself.
3. **Painting with cotton balls:** Take cotton balls, dip them in different colours, and draw a rainbow. For reference check *Picture 7*.
4. **Tear & paste Activity:** Draw an outline of a butterfly, and craft papers of different colours. Now tear these papers, and paste them within the outline. For reference check *Picture 8*
5. **Painting mum's nails:** You can apply nail colour of your choice on mum's hand. Alternatively, you can cut a piece of cardboard as shape of a hand, draw the nails on it, and complete the activity. For reference check *Picture 9*.

